



HABC Level 1 Award in Health and Safety for Catering

Minimum 3 hours over the course of half a day

Who the course is suitable for?

The Level 1 Award in Health and Safety for Catering is a qualification intended for learners working catering and those who are preparing to start work in the industry.



Subjects covered include:

- Understanding of legal responsibilities
- Accidents
- Types of protective clothing
- Causes of fire and what to do following a fire
- Safe manual handling
- Working at height safely
- Different types of safety signs
- Safe handling of chemicals

Assessment method

This qualification is assessed by a multiple-choice examination. This qualification is assessed through a 15-question multiple-choice question examination. The duration of the examination is 30 minutes. Successful learners must achieve a score of at least 10 out of 15.

What's next?

Individuals achieving this qualification can progress onto the HABC Level 2 Award in Health and Safety in the Workplace and/or the HABC Level 2 Award in Food Safety in Catering (QCF).

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need more help?

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